

Q&A

SPORTS FOR KIDS MAGAZINE

July - September 2022

WHO'S IN THE HOT SEAT

FASHION STYLE FOR
KIDS AND YOUNGSTERS

WHERE TO GO THIS SUMMER

WHAT SPORTS CAMPS ARE
AVAILABLE FOR YOUR CHILDREN

EXCLUSIVE INTERVIEW WITH FATHERS &
MOTHERS ABOUT FATHERHOOD

WWW.SPORTSFORKIDS.CO.UK



What does Fatherhood look like...?

Something that's always spoke about in many ways, but how do we really feel about our Fathers and what does it look like to you...



Kyra's Corner

It's been 14 days since my time at secondary school officially ended and I still feel like I haven't settled into this new reality. Throughout all of my time at secondary.... **(Continue on page 5)**



Tammy Talks...

what to do and where to be??
So I'm trying to sort my garden out so it looks a little more BBQ worthy but it's not really coming along as planned so I'm focusing... **(Continue on page 8)**



Light at the End of a Very Dark Cricketing Tunnel

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Summers here!

The end of the school term is almost here, and this time around I am going to enjoy it. We have a family holiday planned, nothing major but one that has been well over due! Sometimes running a small business can be very stressful and often at times, we can forget to put time aside not just for yourself but also for the family as a whole. It's important that we remember to balance our life out between family and work. NEVER let work out-weigh the time spent with family.

With that in mind, we wanted to bring you snap shots of what you could do over this summer. With the pandemic hopefully behind us and everyone adjusting to life after covid, the doors are finally open and we might be able to have a decent summer. Whether your trying to stick to a budget or fancy doing things that money can't buy, we have a number of things that you can do with your children, partner or even by yourself this summer, so make the most of it and do something that creates memories for a life time.

- *Daniel*
@ *SportsForKidsuk*





10 THINGS TO SEE AND DO IN BIRMINGHAM & SANDWELL

1 IKON GALLERY

ikon-gallery.org

2 BIRMINGHAM TOLKIEN TRAIL

secretbirmingham.com

3 BIRMINGHAM DONKEY SANCTUARY

thedonkeysanctuary.org.uk

4 SCIENCE GARDEN - THINK TANK MUSEUM

birminghammuseums.org.uk

5 THE JEWELLERY QUARTER (EATERIES)

6 SEA LIFE CENTRE

visitsealife.com

7 COOMBE COUNTRY PARK

coventry.gov.uk/coombe-country-park

8 CINEMAS

odeon.co.uk

9 LICKY HILLS

10 BIRMINGHAM MUSEUM & ART GALLERY

birminghammuseums.org.uk/bmag



**SPORTS FOR KIDS & BETHEL LADIES AND TOTS GROUP
PRESENTS...**

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Fitness 10:30am - 11:45am | Free Swim 12:00pm - 1:00pm

Stechford Leisure Centre Station Rd, Birmingham B33 8QN.

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ENGLAND**



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Healing Network**



Life after School looks different

KYRA'S CORNER

It's been 14 days since my time at secondary school officially ended and I still feel like I haven't settled into this new reality.

Throughout all of my time at secondary school I looked forward to this time with hope excitement and optimism. A time when I'd no longer have to revise or wake up at the crack of dawn to get ready for school,

or have to wear my stiff school shirts and heavy blazer. Now that the time has finally arrived I sit here and think to myself - "maybe I didn't think this all the way through".

Growing up I've always been a very wild and independent person, so the thought of leaving school and having this long 8 week holiday with no holiday homework, free from pesky emails from my teachers and the shackles of



coursework that was due before my prison sentence started again - seemed like a dream.

But as I wake up each morning, I don't feel free and exhilarated like I thought I would. In all honesty I feel quite purposeless, and the days just seem to drift on by. I've begun to long for the regimented structure I once had when attending secondary school and ironically wish I had some coursework to do to entertain myself. I find myself frequently going on my phone and turning to social media for a source of entertainment without considering the possible long term effects of this on my mental and physical health.

"I don't feel free and exhilarated like I thought I would. In all honesty I feel quite purposeless"

Don't get me wrong this time off school hasn't been all pits and gloom, as I've enjoyed having extra time to spend with friends and family. Having the freedom and a choice to do whatever I want each day. Running errands and de-cluttering my room, picnics with friends and events with family!

There have been many highlights of this time so far, but I do miss the exciting feeling of walking into a classroom knowing I'm about to learn something new.

By the time September starts I'll be at a brand new sixth form, surrounded by a completely new group of people and with work for my a-levels pouring out my ears. My environment will be completely different and it's likely that this would have an impact on my perspective also, but the good thing about perspective - is that it's yours, and you have the power to change it if you so choose. From today I'm going to make the conscious decisions to embrace this time off school, and take it for what it is - a break!

What about you?



SPORTS FOR KIDS

ONLINE STORE



Tammy Talks

I'm back again, so let's talk about Summertime - what to do and where to be??

So I'm trying to sort my garden out so it looks a little more BBQ worthy but it's not really coming along as planned so I'm focusing on a family staycation instead. I'm thinking somewhere down south, chances of a warmer week away? Possibly slightly higher than here in the Midlands.

Brighton, Bournemouth Devon???

We've yet to decide but it's going to be great 😊 and definitely taking a week though, this first half of the year has been traumatic to say the least, from family stuff and sickness having loomed overhead it's well deserved, well earned...

Looking for affordable cute summer outfits for the family is challenging given the current climate and calls for the imagination to be stretched. Recycling old garments, bottoms with a new top or visa versa, learning how to create new from old, YouTube is a blessing in this day and age if you're using it to learn new skills.

Either way fun fun fun, in the sun sun sun, coming really soon so hold tight for the scoop on 'Summertime Fun in the Sun' to be continued...





FATHERHOOD

WHAT DOES IT LOOK LIKE...

One of the hardest topics to talk about is also one of the most important topics that we need to talk about in this day and age... WHY? because the role of a father is very important, but can also be seen a lazy, a waste of time, immature, time consuming, absent and many other words to describe a father who hasn't or refuses to play a role in their child's life in the way some mothers would want. Being a father myself (and being raised by a single mother), this role has been one that I have had my own struggles with. As you all know, my kids range from 6 - 25 with their own personality, style and fashion.

In this article I spoke to a number of fathers as well as mothers to find out what they all think of this role and what it really looks like to them.

We won't always agree on the perfect picture of a father but one thing is for sure and that we can all agree on is that one is needed for every child to look up to and mold themselves on, especially our boys...

Let's find out more about what our guests think...

"There's probably a large proportion of individuals like me from my generation in my community that never really had a role model or a father figure to look at as an actual example."



A Dad of 1 says

"Not sure what it looks like but there's probably a large proportion of individuals like me from my generation in my community that never really had a role model or a father figure to look at as an actual example so, all of the things that I'm doing myself towards my son are based on the things that I never received as a child. So in terms of what it looks like it means, very present male figure who is consistent with his love, his actions and his intent and his integrity. Which also means holding himself accountable as a man

in terms of where you are mentally, spiritually, financially, emotionally... because you need all those aspects to fully thrive as a man *and* as a father. I also believe it's holding yourself

accountable to the position you are in, in life. So if you are not in a particular position and you can only look inside yourself and ask questions as to why you are not in those positions, because I do believe children and sons especially don't necessarily go from words, they go from examples so if they see their dad doing all of those things they will naturally adapt all of those traits because it will be natural.

In summary I guess that's what fatherhood looks like to me..."

Mother of 3 says

He looks like strength, vulnerability, versatility, care, thoughtfulness, laughter, discipline...

Most of all like love

A Dad of 7 says:

"A life long commitment to responsibility"

Mother of 2 says

He should be there emotionally, physically, mentally, financially. It's a 50/50 split when raising a child so what

ever the Mom does the Dad should equally be able to do the same. Understanding in some circumstances it's not always possible however the Dad should always be thinking about ways

in which he can overcompensate whilst being absent for some reason, (it's not out of sight out of mind). A Father should have the most influence on his kids being the head of the household/family.

What does Fatherhood look like?

Let's talk live about this...



@SportsForKidsuk



A Dad of 2 says

I think a father should positively guide their child by being the example of what they should aspire to be.

Being able to provide for your child is important as the responsibility shouldn't fall on 1 parent but most importantly displaying good morals, support, encouragement and guidance as these do not cost money only time and commitment. We should teach our queens and kings how to respect each other and also how they should be valued and treated in life as so many grow up to not knowing their worth

Mother of 1 says

Ideally supportive, caring and strong role model. Main thing is if they are unable to do these things, always let the child know they are loved!

Mother of 3 says

Any 'positive' role as long as he is PRESENT!!

Mother of 2 says

A father should be emotionally and physically present for both the mother and the child/children.

A Dad of 1 says

A major part, a father has as much as a responsibility as a

mother does whether he is living with them or not.

It's key that a child growing up should have the views of both sides. Being in it as a role model to two boys and father to one I gave as best advice and knowledge so that they were all prepared for what was ahead, what had gone on before them and also what they had to deal with now and I think it shouldn't be left to just the mother to teach them

What does Fatherhood look like?

It's important for a father to also be present emotionally and physically to support the mother irrespective of whether they are together or not because being a parent requires

collective action, collective responsibility & understanding. A child/children need to see that he or she's parents work together to make decisions that is in their best interest.

A father being physically present for his child/child goes beyond being a provider it requires the ability to ensure he emotionally contains the child/children, help to create norms and values, it's about being a role model & helping to create new narratives when it comes to the expectations of fathers.





So what role should an active Father play... All Roles!!





WHAT'S GOING ON THIS SUMMER

Commonwealth Games



The commonwealth Games is coming to Birmingham. A great time for you to experience different sports, not just the normal football or cricket but Hockey, table tennis, badminton are amongst a host of games happening..

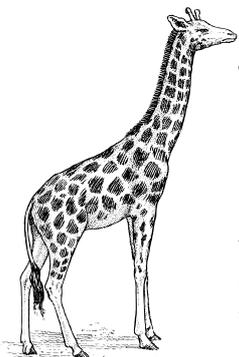
Keep up with us on social Media as we look at different sports and talk about the many athletes that we may know.



What's on at the Cinemas

Theres a number of new movies happening at the cinemas this year, from Lightyear to Thor! dont miss out on the new films in your local area

West Midlands Safari Park



If your child is anything like mine, then this is a perfect way to go! seeing your child's favourite animal from inside the window and then enjoy a nice family picnic inside the park.

www.wmsp.co.uk

Dudley Zoo



Another great outdoors adventure would be the local zoo.

Take a walk around and see a host of animals from around the world and give your child an experience of a life time. www.dudleyzoo.org.uk

Strike 9T Summer Camp



One of a few summer camps we will be joining in this year. Solihull, Erdington or Moseley are just a few places around Birmingham the camps will be running. www.strike9trainging.com

Depending on where you are located our local councils have an array of activities which may pique your family's interest -
(some free with lunch included/some paid for)
So go on to the sites, search the above description and have a mooch about!!

Where to go this summer



Light at the End of a Very Dark Cricketing Tunnel

Written by Izaak Darvill

Cricket faced a major issue within its ranks when Azeem Rafiq reported the discrimination he received in 2021, but Keith Cook, 60, Warwickshire Head of First Team Operations, believes it has pushed English cricket in the right direction.

Back in November 2021 Azeem Rafiq publicly announced the racism and discrimination he faced during his two spells at Yorkshire CC between 2008-2014 and 2016-2018.

The Englishman highlighted nine teammates that had used racial slurs towards him and other Asian players or had seemingly pressured him into activities against his religious beliefs.

This has been a flagship for more players to come forward and report issues within the cricketing world. In a very traditional sport not many issues have been reported.

Keith Cook said: "Personally, in my experience I haven't come across any issue such as this,



That's why think it came as quite a surprise to some people that it was so prevalent in other places."

However, the 60-year-old was very aware of the changing of times in recent years towards what is politically correct compared to at the start of the century.

He said: "When you come from a different era and time when the acceptance of racism and the views of society were a lot different, that probably was experienced a lot,

But have always felt there have been great amounts of support from everyone here at Warwickshire."

Within cricket and sport as a whole the word “banter” is used a lot. Nowadays it can come across as taboo and used as an excuse between teammates to take jokes a bit too far.

A healthy changing room will always have mutual jokes being thrown around, but it’s to when that line is crossed.

In Rafiq’s report he claimed racial slurs were used as nicknames for players of Asian backgrounds and a main nickname used whilst at Yorkshire being “Raffa the Kaffir”, Kaffir being a racist term used during the apartheid in South Africa.

Cook added: “With sport there is a lot of banter generally,

Where you’re in an environment with a lot of testosterone, everyone’s pumped up to win and it’s a different environment to if you were sitting in an office,

Meaning people cross the line when it comes to different cultures a lot more potentially.”

Fortunately, Cook was unable to draw any situations like Rafiq’s, from his time at Warwickshire Cricket. This can show that despite the media casting shadows over the whole of cricket there are bright patches still within the sport.

The Head of First Team Operations said: “I think it’s important to look at both sides, to look at the negativity because it’s clearly there,

In the book, it was told that Brigitte Schwartz sew herself the letter A and she did it finely, even the town women thought that “she is clever with her needle”.

But in the movie, there was someone who had made it to be worn by Brigitte Schwartz.

But it’s also important to look at the fact it isn’t everywhere, the whole game isn’t racist and run by bigoted people.”

Other cricket clubs have been accused of alleged institutionalised racism within the dressing room.

Cook was keen to add that in his time at Warwickshire having been part of the dressing room culture at the club for many years he has not seen or heard anything like this

towards players of different ethnicities and is proud to know that this doesn’t occur at Warwickshire.

One of the main issues that rose when 31-year-old Rafiq made his claims.

Cook said: “There was a real negative on Yorkshire’s ability to react, adjust and the lack of acceptance,

It was like they didn’t want to believe it was a problem, so they just shut the door on the situation,

Which I think really was counterproductive and bounced back to bite them.”



He added: "The way the English Cricket Board dealt with the situation put a lot of pressure on cricket as a whole as well as Yorkshire in the way they manage situations,

All clubs are now looking at their dressing room culture and how it can be made better."

To follow this, since Rafiq came forward and the huge growth of the Black Lives Matter movement, Cook believes the modern generation will be able to steer cricket away from these dark depths.

He said: "I believe the modern generation of staff and players are more aware of having to be proactive rather than reactive, There's a lot more training that goes on and a lot more awareness of players, Things like diversity training, racism and mental wellbeing, which didn't really exist 20 years ago or they certainly weren't in the mainstream community."

He added: "There's been a real jump, I certainly think there was a reluctance to accept there was a problem, but once the problem was actually acknowledged and accepted there was a pretty quick movement to try and address it."

Across cricket there are many schemes to promote, support and include cricketers of all cultures within the country. One of which at Warwickshire is "The ACE Scheme". This is aimed towards Afro-Caribbean cricketers. The club set this up to help boost the West Indies cricketing position again where it was once a powerhouse in the sport.

The 60-year-old said: "A lot of the stuff that has come out of Rafiq's tribunal has really escalated things, because a lot of things already occurring to tackle racism and this gave them the platform kick on and show how important it is for these schemes to be running,

But also lead to the acceptance of even more needs to be done which is a real positive step forward in the right direction."



107 SEAT

TALIYAH JORDYN

Home cooked meal or take out?

Home cooked meal because you get to see how it's made and try new recipes and you can see how well your cooking is

Summer or winter?

Winter because you can make snowmen and watch Christmas movies and enjoy watching snow and the nice sky in the morning

Home or away?

Away because you get to see new places and experience life away from home

Morning person or night owl?

Night owl because it's easier and than waking up and the night sky is peaceful and calm

Twitter or instagram?

Instagram because I've never used Twitter before

Sports or Music?

Sports because I love to keep active and do running and football and other sports.

Beach or pool side?

Beach because you get to build sand castle and feel the ocean go surfing or just relax

Milk chocolate or White chocolate?

Milk chocolate because it tastes sweeter and better

Thriller or comedy?

Comedy because they make you laugh and you get a feeling of happiness in your stomach



SPORTING SPIRIT CIC PRESENTS...

MULTI SPORTS CAMP 2022



SPORTING SPIRIT

Week 1: Monday 25th July - Thursday 28th July

Week 2: Monday 1st August - Thursday 4th August

Week 3: Monday 8th August - Thursday 11th August

Week 4: Monday 15th August - Thursday 18th August

CHILDREN IN RECEPTION TO YEAR 6

10:00 AM TO 2:00 PM

GOALS, CAKEMORE ROAD, ROWELY REGIS, B65 9QX

**THIS CAMP
IS FREE**

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LIMITED PLACES AVAILABLE

For a registration form email: sportingspiritcic@gmail.com



Department
for Education



Sandwell
Metropolitan Borough Council

